



# C.A. SPIRIT

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

C.A. SPIRIT, ISSUE 27

**AUGUST 2003**

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## EIGHTH STEP

**Made a list of all persons we had harmed, and became willing to make amends to them all.**

With a little bit of sobriety under my belt and a kernel of belief in a Higher Power, it's easy to put off Steps 4 through 9. I turn my will over to God in the morning and review my day at night, and hey, I even helped someone out today! I'm making it happen, right?

But when I listen to people with long term sobriety, without fail they have not skipped any of the Steps. So, I agonized through Steps 4 and 5, labored with 6 and 7, and find myself ready to write that list of all the people I've harmed. Scary stuff!

I started with the people listed in my 4th Step inventory where I realized I played such a huge role in the wreckage of my life.

Then I look at the character defects I've employed to deal with my problems and the people affected by me. I also look at how fear has driven me and find even more names to add. I think



not only of people I have out rightly harmed, but of those I've withheld myself from who needed me. And so, the list grows. I try not to be daunted by it because

the 8th Step tells me I must only become willing, and my sponsor will help me to organize the list so it seems manageable. Some amends will need to be made now and directly to the person. Some amends may only be possible by living differently.

This is a tough Step, but some profound words from the Twelve and Twelve tell me, "Indeed, the attainment of greater humility is the foundation principle of each of A.A.'s (C.A.'s) Twelve Steps. For without some degree of humility, no alcoholic (addict) can say sober at all." I do want to stay sober. So, I do what is suggested to me.

-Sally J.

**Willingness  
is the key**

If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning *we would go to any lengths for victory over alcohol.*  
Big Book, p. 76

C.A. SPIRIT—is always looking for submissions! If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210, or e-mail the editor at: [xrebellion@wi.rr.com](mailto:xrebellion@wi.rr.com)

Submission deadline: 2nd Tuesday of each month—6:30 PM, for the following month's publication.

*Interested in putting together this newsletter? Please attend the Delegate Committee service meeting.*

## TRADITION EIGHT

**Cocaine Anonymous should remain forever nonprofessional, but our service centers may employ special workers.**

The first part of the 8th Tradition suggest that Cocaine Anonymous should never get into professionalism with our Twelve Step solution. We should always give freely what was freely given to us.

In the Twelve and Twelve on page 166, it states, "We have discovered that at the point of professionalism, money and spirituality do not mix. Almost no recovery from alcoholism has ever been brought about by the

world's best professionals, whether medical or religious."

The second part of this Tradition suggest that is all right for C.A at times to employ special workers. For example; the C.A. World Service Office could not function without paid special workers. Currently the WSO with all it's functional need employs 1 full-time director of operations person, 1 full-time shipping and maintenance person, and 2 part-time sup-

porting staff. There are also volunteers who help out from time to time.

In our Wisconsin Area currently there isn't a need to employ any special workers. Here we're functioning with grateful addicts who volunteer giving back with love and service to the Fellowship.

Are you active in service work? Are you giving others a chance at service work through the spirit of rotation?

-Anonymous

## Hooked

Her kiss is pure bliss.  
She's white as snow.  
She'll be your one and only lover  
and never let you go.  
We give her our money, our house,  
our family, our heart  
and finally our soul.

Elusive she is,  
the high she gives,  
from the first hit.  
We called her goddess,  
and now she calls us her kids!

-Robert M.

### IT'S IN THE BOOK

#### *Ask A Member*

*The Big Book of Alcoholics Anonymous is the basic text of Cocaine Anonymous.*

**Q:** Dear Member, I was brought up with good morals and wasn't always this bad guy I turned out to be during my last few years of using. Now that I have some clean-time, I'm feeling better about myself and life. I don't feel I have to buy into this Higher Power idea. Am I different than most?

-Anonymous

**A:** Dear Anonymous, Big Book, pp. 44-45, "If a mere code of morals or a better philosophy of life were sufficient to overcome alcoholism, many of us would have recovered long ago. But we found that such codes and philosophies did not save us, no matter how much we tried. We could wish to be moral, we could wish to be philosophically comforted, in fact, we could will these things with all our might, but the power needed for change wasn't there. Our human resources, as marshaled by the will, were not sufficient; they failed utterly. Lack of power: That was our dilemma. We had to find a power by which we could live— and it had to be a Power greater than ourselves."

*Send your questions to: It's In The Book, Ask A Member, c/o C.A. SPIRIT, mail to C.A.W.A. Central Office or e-mail to the editor at: xrebellion@wi.rr.com*

## High on H & I

It was a Thursday night in December just before Christmas. The meeting room for the H & I panel was pretty dark. It was already pretty cold that winter and there were a lot of clients at this meeting. It was typical as far as H & I panels go at this facility. Except for one thing... About an hour into the panel meeting I noticed from under the table that one person was in a wheel chair. He had one leg removed above the knee and the other leg's foot was about two-thirds removed. He shared that he had passed out in the cold outside and gotten frostbite.

In the Twelve and Twelve chapter on the First Step, I recall it saying about our bottoms being raised to the point that stories could help those whose bottom isn't as low.

Well that night I realized my bottom wasn't that low. That man doesn't know how much he has helped me since we met. Experiences like this seem to happen to me all the time. I pray they do not stop.

-Anonymous

*Carry the message to the addict who still suffers.  
Make a commitment to help the H & I Committee.*

## Annual C.A. of Wisconsin Area Anniversary



### September 6, 2003

### Jackson Park

Picnic Area #10

Off 43 Street & Cleveland

Milwaukee, WI 53215



*Free, Food, Fun, Fellowship & Volleyball!*

*Open Speaker Meeting*

*Everyone is Welcome.*

*Meat provided, Soda & Water sold.*

*Please bring a dish to pass.*

Special Events Committee needs help with  
Set-up, Clean-up, Grill, Events Coordinator.

Groups are encouraged to donate...

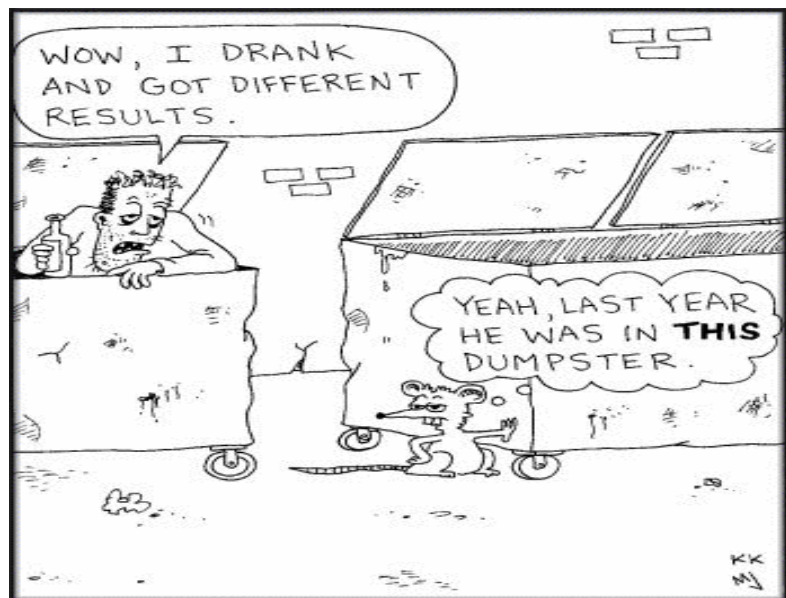
**Please contact: Cathy L. 414-430-0881**

C.A.W.A. Special Events

## Humor Corner



*Have some a good recovery humor?  
Send it in!*



**Insanity is doing the same things and expecting different results.**

C.A. SPIRIT, is a monthly publication of Cocaine Anonymous of Wisconsin Area. It is intended solely for information to the members of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members reflecting recovery, unity, and service, within the bounds of friendliness and good taste. C.A. SPIRIT Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by either Cocaine Anonymous or C.A. SPIRIT. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask for C.A. World Service Conference approved literature. C.A.W.A., 3060 N. 68th Street, Milwaukee, WI 53210, C.A. World Service Office web page: [www.ca.org](http://www.ca.org)

## AUGUST 2003

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
Half measures availed us nothing.						
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
CAWS Conference—Los Angeles, CA. August 26–31, 2003						
31	Sobriety delivers everything drugs promised.					

All Service Committee meetings are held at  
C.A.W.A. Central Office, 3060 N.  
68th Street, Milwaukee, WI 53210  
*All C.A. members are welcome  
and encouraged to attend.*

August 11th	7:00 PM	Public Information Committee / 2nd Monday
August 10th	5:00 PM	Wisconsin Area Convention Committee / 2nd Sunday
August 12th	6:30 PM	Delegate Committee / 2nd Tuesday
August 17th	5:00 PM	MW Regional Convention Committee / 3rd Sunday
August 19th	6:00 PM	Finance Committee / 3rd Tuesday
August 19th	6:00 PM	Special Events Committee / 3rd Tuesday
August 19th	7:00 PM	Area Service Committee / 3rd Tuesday
August 31st	12:00 PM	Hospitals & Institutions Committee / Last Sunday
Unity Committee / call Billy B. 414-771-8860		
Structures & Bylaws / call Peter J. 414-769-9550		

### August Sobriety/Clean-Time Birthdays

Robert B.	August 9th	6 years
Sally J.	August 27th	1 year
Wayne W.	August 29th	6 years

*Congratulations!*

*Keep Coming Back*

C.A.W.A Help Line: (414) 445-LIFE (5433)

Wisconsin Area web site:  
<http://my.execpc.com/~cocaine/>

World Service web site: [www.ca.org](http://www.ca.org)

## Message Board

**Annual C.A. of Wisconsin Area Anniversary Picnic**, September 6, 2003, Jackson Park Picnic Area # 10, Milwaukee, 12:00 PM until ?, Special Events Committee needs help coordinating Picnic, See page 3. Contact: Cathy L. 414-430-0881.

**8th Annual C.A. of Wisconsin Area Convention "Let Go", February 2004**, Planning committee meets at Central Office, 2nd Sunday at 5:00 PM. Looking for Art work for this year's theme: "Let Go", is due at the July planning meeting. Service commitments and help is still needed. All members are encouraged to be of service. Contact Chair: Gregg B. 414-899-8031.

**15th C.A. Midwest Regional Convention Planning Committee, "The Power of One Day", Oct. 31st-Nov. 2nd, 2003, PLEASE REGISTER!** Olympia Resort & Conference Center, 1350, Royale Mile Rd., Oconomowoc, WI, 53066, 800-558-9573, CA room rate (Double) \$95.00. Contact Tony D. (414-332-4249) or Michael K. (414-545-0372) Convention Co-Chair, 262-853-6730. Your service is needed on all subcommittees. MW Regional Convention Planning Committee meet: 3rd Sunday every month. 5:00 PM.

**20th Cocaine Anonymous World Service Convention, "Spotlight on Recovery", May 27th-31st, 2004**, Hilton Los Angeles/Universal City, 555 Universal Hollywood Drive, Universal City, CA, 91608, (818-506-2500), \$149.00 King or Double Bed, Please ask for the CAWS 2004 room rate when making your reservations. Additional \$35.00 room fee for more than two quest, except for persons 18 or under. Contact Ralph W.-Outreach Chair at: [ralphwhite@yahoo.com](mailto:ralphwhite@yahoo.com) or the CAWS 2004 web site for more information: [www.caws2004.org](http://www.caws2004.org)

**-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-**  
Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: [xrebellion@wi.rr.com](mailto:xrebellion@wi.rr.com)