



# C.A. SPIRIT

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

C.A. SPIRIT, ISSUE 36

MAY 2004

HELP LINE 414-445-LIFE (5433) <http://my.execpc.com/~cocaine/> [www.ca.org](http://www.ca.org)

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**Make It  
Happen**

## FIFTH STEP

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

If we skip this vital 5<sup>th</sup> Step, we may not overcome using. Procrastination at the very least might mean another drink, line of coke, or one more rock and all the guilt, shame and remorse that follows. And worst, it could kill us. This has been proven time and time again by thousands who have tried the easier and softer way. This I know because I've tried the easier and softer way several times and the end result was always painfully the same.

I had to swallow my pride and accept large chunks of truth about myself that were not very flattering. It was at this point that I began to understand the real meaning of humility. There were many things that I would have preferred to keep to myself, but with my sponsor's help he showed me that holding on to these things would only continue to keep me sick in

my disease. The amount of freedom and release I feel from talking about my defects in my 5<sup>th</sup> Step is directly proportional to how truthful I can be. In other words, the more I can tell the more relief I will feel when it is done. Pray for courage. Remember we're working these Steps to the best of our ability right now. *We don't have to be perfect.* We reveal as much as humanly possible to ourselves, God and another human being at the time we do the 5<sup>th</sup> Step. That's all. I did my 5<sup>th</sup> Step with an ordained Catholic priest who also happened to be an alcoholic. He knew the urgency of my efforts.

Seek out a trustworthy person. It does not necessarily have to be your sponsor. Although, it can be. Explain to them the necessity of this Step in your recovery and they will see you in a whole new light. With the 4<sup>th</sup> Step

inventory in hand we go about emptying the junk from our closets. The attitude here is important—remember that the goal is to clear the space occupied by this previous junk so that God can now enter in. Determined to finally go through with this I just read from the paper in my hand—no explaining, no rationalizing, no more covering things up. This for me was when I first felt like I was really *working* the 12 Step program.

An amazing burden was lifted from me when my 5<sup>th</sup> Step was completed. I understood and felt that with God's help and my sponsor's help these Steps could help me recover just like millions had before us. I knew then what the Big Book meant on page 75, "*We feel we are on the broad highway, walking hand in hand with the Spirit of the Universe.*"

-Dave Sa.

C.A. SPIRIT—is always looking for submissions. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210, or e-mail the editor at: [xrebellion@wi.rr.com](mailto:xrebellion@wi.rr.com)

Submission deadline: 2nd Tuesday of each month—6:30 PM, for the following month's publication.

*Interested in putting together this newsletter? Please attend the Delegate Committee service meeting.*

## TRADITION FIVE

Each group has but one primary purpose—to carry its message to the addict who still suffers.

My experience with the 5th Tradition started many 24 hours ago as a suffering addict. MANY were there to carry their message of hope to me when all seemed hopeless.

I have been blessed with this gift of sobriety, which has resulted in the amazing life I have today, which includes a Higher Power that has never left my side. Therefore, I must

keep our “primary purpose” at the forefront of my mind in my groups, in service work and individually. So that my actions in this fellowship are always true to the newcomer. I seek out the newcomers at meetings and functions with a hug and “welcome”. I say yes to sponsoring and other service requests. I show up at meetings to share my experience, strength

and hope. Not only does the life of the fellowship depend on the 5th Tradition, my life depended on it too. Ironically, this 5th Tradition keeps me sober because I cannot keep my sobriety unless I give away the HOPE to the addict still suffering like it was so freely given to me.

-Kelly B.

“We are not a glum lot. If newcomers could see no joy or fun in our existence, they wouldn’t want it. We absolutely insist on enjoying life.”

- Big Book, p. 132.

*Join us & help plan some  
clean & sober fun events!  
Bring your ideas, or  
help us with upcoming events.*

Special Events Committee  
1st Tuesday / 5:30 PM  
C.A. Central Office

Special Events Committee Co-Chairs

Lori C. (414-769-0992) & Mark H. (262-227-6437)



**"Spring Fever"**  
Speaker Meeting  
& DJ-Dance

7:30 PM



**Saturday May 15th, 2004**

Serenity Club  
3677 E. Pulaski  
Cudahy, WI 53110



.....  
*Coming... The Rafting Trip, June 11-13, 2004, look for  
flyer at your home groups, or contact the Special Events  
Committee for more information.*

Special Events Committee

### IT'S IN THE BOOK

*Ask  
A Member*

*The Big Book of Alcoholics Anonymous is the basic text of Cocaine Anonymous.*

**Q:** Dear Member, My sponsor asked me to look-up the part in the Big Book where it talks about, “faith without works is dead”, and then get back with her. I read through the book again and again and could not find it. What Chapter is it in?

-Still Searching

**A:** Dear Searching, Chapter 1, Bill’s Story, Big Book, pp. 14-15; “My friend had emphasized the absolute necessity of demonstrating these principals in all my affairs. Particularly was it imperative to work with others as he had with me. Faith without works is dead, he said. And how appallingly true for the alcoholic (addict)! For if an alcoholic (addict) failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink (use) again, and if he drank (used), he would surely die. Then faith would be dead indeed. With us it is just like that.”

*Send your questions to: It's In The Book, Ask A Member, c/o C.A. SPIRIT, mail to C.A.W.A. Central Office  
or e-mail to the editor at: xrebellion@wi.rr.com*



**Road Trip!**



## Illinois Area Unity Convention

*April 30th, May 2nd & 3rd, 2004*

Wyndham Hotel—400 Park Blvd.  
Itasca, IL 60143

The Illinois Area of Cocaine Anonymous  
welcomes you to attend the  
*"Spirit Among Us"*

21 years of Unity Convention

Anna C. (Convention Chair) 630-250-8347

Brian T. (Vice Chair) 847-614-1805



There is a difference  
between knowing the path  
and walking the path!

## Sunday Night Strength

SNS Group's 15th Annual Anniversary Celebration  
Theme: *"Acceptance is The Answer"*



**Saturday May 22nd, 2004**

Immaculate Conception's School Hall  
1051 E. Russell, Milwaukee, WI 53207

5:30 PM Spaghetti Dinner  
Speaker Meeting / DJ-Dance

### With Advance Ticket Purchase...

Spaghetti Dinner/DJ-Dance \$7.00  
Child 10 & under/H&I \$4.00

### At The Door...

Spaghetti Dinner/DJ-Dance \$10.00  
DJ-Dance Only \$5.00

### For Advance Tickets

Contact Ann  
414-315-0287

C.A. Sunday Night Strength Group

## 20th Annual World Service Convention

**May 27th—31st, 2004**

**Universal City, California**

[www.caws2004.org/list/CAWS2004\\_REG.pdf](http://www.caws2004.org/list/CAWS2004_REG.pdf)



CAWS 2005 Memphis, Tennessee USA  
CAWS 2006 Calgary, Alberta CANADA  
CAWS 2007 Kansas City, Missouri USA

## Humor Corner



*Have some a good recovery humor?  
Send it in!*



"That, my love, is a one-year chip."

C.A. SPIRIT, is a monthly publication of Cocaine Anonymous of Wisconsin Area. It is intended solely for information to the members of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members reflecting recovery, unity, and service, within the bounds of friendliness and good taste. C.A. SPIRIT Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by either Cocaine Anonymous or C.A. SPIRIT. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask for C.A. World Service Conference approved literature. C.A.W.A., 3060 N. 68th Street, Milwaukee, WI 53210, C.A. World Service Office web page: [www.ca.org](http://www.ca.org)

# MAY 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Patience is giving God space.					30	1
Illinois Area Unity -						
2	3	4	5	6	7	8
Convention						
9	10	11	12	13	14	15
Convention Meeting						
Spring Fever—Meeting & Dance						
16	17	18	19	20	21	22
(ASC) Area Service Committee Meeting						
SNS Spaghetti Dinner						
23	24	25	26	27	28	29
20th Annual CAWS Convention -						
30	31					
Universal City, CA						

The ego seeks the destination; the soul seeks the journey.

## April Sobriety Clean Time Birthdays



Curtis B. May 6th 18 months  
Ron L. May 17th 18 months  
Ken W. May 20th 6 years

*Congratulations... Easy Does It!*

Service Committee meetings held at:  
C.A.W.A. Central Office  
3060 N. 68th Street, Milwaukee, WI 53210  
All C.A. members are  
welcome and encouraged to attend.

May 4th 5:30 PM  
May 10th 5:45 PM  
May 10th 7:00 PM  
May 11th 6:30 PM  
May 9th 5:00 PM  
May 18th 6:00 PM  
May 18th 6:00 PM  
May 18th 6:30 PM  
May 30th 12:00 PM  
May 25th 6:00 AM  
May 25th 6:30 PM

Special Events Committee / 1st Tuesday  
Central Office Committee / 2nd Monday  
Public Information Committee / 2nd Monday  
Delegate Committee / 2nd Tuesday  
WI Area Convention Committee / 2nd Sunday  
Treasurer Committee / 3rd Tuesday  
Finance Committee / 3rd Tuesday  
Internet Committee / 3rd Tuesday  
Hospitals & Institutions Committee / Last Sunday  
Retreat Committee / 4th Tuesday, 220 E. Michigan  
Structures & Bylaws / 4th Tuesday  
Unity Committee / Call Billy B. 414-771-8860

## Message Board

**Annual C.A. of Wisconsin Area Convention Planning Committee.** The 2005 9th Annual C.A.W.W. Convention Planning Committee meeting at Central Office every 2nd Sunday of every month at 5:00 PM. Committee is looking for convention theme and art work for our next Area Convention, deadline May 9th, 2004. All C.A. members and groups are encouraged to attend and be of service.

**Illinois Area Unity Convention "Spirit Among Us", April 30—May 2, 2004**, Wyndham Northwest Hotel, 400 Park Blvd., Itasca, IL., (630) 773-4000. Hotel room block rate deadline is March 28, 2004.

**Special Events Committee "Spring Fever", Saturday May 15th, 2004**, Speaker Meeting/DJ-Dance, 7:30 PM, Serenity Club, 3677 E. Pulaski, Cudahy, WI 53110. Upcoming events... Rafting Trip, Campout, CAWA Picnic. For more info contact: Chairs: Lori C. 414-769-0992 or Mark H. 262-227-6537.

**Sunday Night Strength Group Event, Saturday May 22nd, 2004**, 15th Annual Anniversary Celebration, "Acceptance is The Answer", Spaghetti Dinner, Speaker Meeting & DJ-Dance, Immaculate Conception's School Hall, 1051 E. Russell, Milwaukee, WI 53207. For more information and to purchase advance tickets contact: Ann, 414-315-0257.

**20th Cocaine Anonymous World Service Convention, "Spotlight on Recovery", May 27th-31st, 2004**, Hilton Los Angeles/Universal City, 555 Universal Hollywood Drive, Universal City, CA, 91608, (818-506-2500), \$149.00 King or Double Bed, Please ask for the CAWS 2004 room rate when making your reservations. Additional \$35.00 room fee for more than two quest, except for persons 18 or under. Contact Ralph W.-Outreach Chair at: ralphwhite@yahoo.com or the CAWS 2004 web site for more information: www.caws2004.org

**-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-**  
Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: xrebellion@wi.rr.com