

JULY
AUGUST
2007

C.A. Spirit

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER ISSUE 16

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Forgiveness...

Forgiving myself was finally the key! Clearing away the garbage through the Steps enables me to see the true Dawn, worth forgiving. Now I know what true love is because I love myself and feel the love my Higher Power has always had for me. I just could not feel it through all the garbage and guilt.

Forgiving myself is easy now that I know I was not the one that is suppose to be running the show. That's why my life was such a mess. Not because I was a loser who couldn't do anything right. It was because I was taking charge of doing what suppose to belong to God's control!

I believe everything happens in God's world the way it should. Even if I do not always understand why. So there really is nothing to forgive at all if I look at it that way.

Life is exactly the way it should be. The problem arises in the way I react to life.

- Dawn K.
Uncolas



Our moral inventory had persuaded us that all-round forgiveness was desirable, but it was only when we resolutely tackled Step Five that we inwardly knew we'd be able to receive forgiveness and give it too.

Twelve Steps and
Twelve Traditions
p.58



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*Many Meetings, Many Chances;
Few Meetings, Few Chances;
No Meetings, No Chances.*

Help is only a
phone call
away!



(414) 445-LIFE
C.A. of Wisconsin
Help Line

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C..A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210

C.A. Spirit Editor: Ann M. phone: 414-315-0287 e-mail: angeldance@wi.rr.com

Dear Addict,

I shared at a meeting that I really didn't hurt anyone but myself and all I need to do is not use and stay clean. There was somebody who was listening to me share who just smiled. He said we are like tornados ripping through the lives of those around us. What exactly did he mean?

The alcoholic (addict) is like a tornado roaring his way through the lives of others. Hearts are broken. Sweet relationships are dead. Affections have been uprooted. Selfish and inconsiderate habits have kept the home in turmoil. We feel a man is unthinking when he says that sobriety is enough. He is like the farmer who came up out of his cyclone cellar to find his house ruined. To his wife, he remarked, "Don't see anything the matter here, Ma. Ain't it grand the wind stopped blowin'?"

- Alcoholics Anonymous Big Book p. 82

The books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage and C.A. Conference approved literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*.

Opportunities for
GROWTH



Calendar of Upcoming Cocaine Anonymous Events

2nd Sunday of the Month

12th Annual CAWA Convention Planning Meeting

C.A. Central Office

Theme: "A New Happiness And A New Freedom". Artwork

Deadline 7/8/07. All C.A. members are encouraged to be of service. Contact: Chair Ann M. ☎(414)315-0287

July 20 - 22, 2007

1st Annual Campvention - WI Dells

"We Absolutely Insist On Having Fun" Register Today!

Contact: Tony D. (414)232-3865 tdrake@wi.rr.com or

Niki D. (414)405-5067 nmdrake81@yahoo.com

World Service Conference

August 28—September 2, 2007 Los Angeles, CA

Reminder: Please submit all 2007 WSC Referrals to the WI Area Delegate Committee.

Contact: Ann M. 414-315-0287 or Niki D. (414)405-5067

October 26-28, 2007 ROAD TRIP!!!

C.A. Midwest Regional Convention

"CA ... My Fellowship"

Westin Hotel

400 Park Blvd., Itasca, Illinois 60143

(630) 773-4000 \$94.00 per night

Registration Chair: Gregg G. ☎(630) 709-9428

ice1058@comcast.net

Look for upcoming C.A. events:

- C.A. of Wisconsin Area Annual Picnic
- Racine's Group Picnic
- The Razor's Edge' Group's Fun in the Sun

The Seven T's -- Take Time To Think The Thing Through.

Share your Group or Area Committee Events... For more information contact C.A. Spirit Editor,

Ann M. 414-350-5146 or e-mail at angeldance@wi.rr.com

Event flyers may be found at your C.A. home group literature table or on our web page: cawisconsin.org

Step Seven: Humbly asked Him to remove our shortcomings.

I would like to share a little with you about the 7th Step. I have found since I started this Step that I have to ask Him everyday to remove my shortcomings. On the days I forget to ask, my shortcomings flare up almost worse than they were in the past. That doesn't mean on the days I've remembered to ask that they don't show up, but I've come to realize what's going on.

I can stop and think about what I'm doing wrong and what I need to change. I'm grateful today to be able to recognize, admit my shortcomings, accept them, and with His help one day be free of them.

- Jennifer S.
A Vision For You



I took one step, began to
moan; I can't do this on my
own

I took two steps, began to
pray; restore me God, today

I took three steps, gave up my
will; maybe God loves me still

I took a fourth, I looked inside;
Nothing more would I hide

And on the fifth, I said aloud
I've done some wrong, and I'm
not proud

I took six steps, and got pre-
pared to lose the defects; I
was scared

Now I'm at seven; Take them
away God for this I pray

And on eight, the list was long;
Amends to make for all the
wrong

I took nine steps, put down my
pride; Forgiveness asked, I will
not hide

Ten steps I take each day; I
pray, make amends along the
way

And on eleven I prayed to
know each day His will, which
way to go

I took twelve steps, I'm like a
bird; To others now, I spread
the word....

-Author Unknown

Step Eight: Made a list of all those we've harmed and became willing to make amends to them all.

Step Eight required two main things from me. I had to make a list of all people I had harmed. It doesn't say I have to make any amends I need only make a list. In doing my 4th Step inventory and subsequent 5th Step I was able to identify my part in situations for which I had wrongly blamed and hurt others. That is where I found my amends list.

The second part was that I had to become willing to make these amends. Again, it doesn't say I have to actually make these amends I only need to be willing.. I prayed for willingness sometimes reluctantly and eventually sincerely. It works – I became willing.

There are some people that I've

caused so much harm to that I could not imagine being able to make amends. I continue to pray for the willingness. In God's time, in God's way.



- Ann M
Sunday Night Strength

We might next ask ourselves what we mean when we say that we have "harmed" other people. What kinds of "harm" do people do to one another, anyway? To define the word "harm" in a practical way, we might call it the result of instincts in collision, which cause physical, mental, emotional, or spiritual damage to people.

Twelve Steps And
Twelve Traditions
p. 80

JULY 2007

JULY 2007						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
Pray daily, God is easier to talk to than most people.						
8	9	10	11	12	13	14
CAWAC Planning Meeting						
15	16	17	18	19	20	21
ASC Meeting			1st Annual Campvention			
22	23	24	25	26	27	28
1st Annual Campvention						
29	30	31				
Refresh your spirit with everyday miracles.						

AUGUST 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
<i>Service is gratitude in action.</i>						
5	6	7	8	9	10	11
12	13	14	15	16	17	18
<i>CAWAC Planning Meeting</i>						
19	20	21	22	23	24	25
<i>ASC Meeting</i>						
26	27	28	29	30	31	
<i>WSC Begins... August 28th, - September 2th, 2007 Los Angeles,</i>						

July & August Sobriety Clean Time Birthdays

Ben J. 1/2/06 18 months
 Gloria Z. 7/5/98 9 years
 Morgan J. 7/8/99 8 years
 Ken D. 7/28/83 24 years
 Eric D. 7/28/06 1 year



Sheri J. 8/14/88 19 years
 Mark K. 8/17/02 5 years
 Frank K. 8/24/04 3 years
 Gregg B. 8/26/99 8 years
 Sally J. 8/27/02 5 years
 Anita J. 8/28/04 3 years

Area Service

5:00 PM Area Convention Committee / 2nd Sunday
 6:00 PM G.S.R. Orientation Meeting / 3rd Tuesday
 6:00 PM Special Events Committee / 3rd Tuesday
 6:30 PM Internet Committee / 3rd Tuesday
 7:00 PM Area Service Committee Meeting / 3rd Tuesday
 6:00 PM H & I Committee / 3rd Tuesday
 6:00 PM Public Information Committee / 3rd Tuesday
 6:00 PM Unity Committee / 3rd Tuesday
 12:00 PM Structures & By-laws / 3rd Saturday
 OPEN Service Position / Parliamentarian
 OPEN Service Position / Treasurer Committee
 OPEN Service Position / Finance Committee
 OPEN Service Positions / 1 Delegate & 3 Alternate Delegates*
 Delegate Committee; Call for meeting time & location.
 Ann M. 414-315-0287 or Niki D. 414-405-5067
See your group's G.S.R. for information regarding Area service opportunities.



Service Committee
 Meetings are held at:
 C.A.W.A. Central Office
 3060 N. 68th Street,
 Milwaukee, WI 53210



*All C.A. members are
 WELCOME and
 encouraged to attend.*

-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-
 Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: angeldance@wi.rr.com